

The Karrinyup Community Men's Shed is "Go"!

On Thursday 26th November 2015 at 19:00 an enthusiastic gathering of interested parties congregated at the Karrinyup Community Centre, to find out about the possibilities of starting up a community men's shed.

Approximately 50 people attended, including supporting personnel, three councillors from Stirling City Council and members of Karrinyup Rotary Club.



Peter Polain of Karrinyup Rotary Club and Brett Pollock of the WA Men's Shed Assoc (WAMSA) addressed the meeting in general terms about the aims and operations of Men's Shed groups. They

then fielded a Q&A session from the meeting highlighting a potential site for the Karrinyup Community Mens Shed, off Huntriss St adjacent to Lake Gwelup, and near the local Scout Hall.



The purpose of Mens Sheds is to provide facilities for men, which contribute to the betterment of their health and well-being. Involvement of men with few other interests will help alleviate loneliness and contribute to a feeling of being a worthwhile member of the community.

A Mens Shed is also an avenue for tapping into the resources and skills of men which can be passed on to others.

Other Mens Sheds have found that their members become more active in and contribute to wider community interests.

It was clear that the people present were supportive and keen for the proposed Karrinyup Community Mens Shed to become reality. A show of hands to indicate interest in direct involvement was more than 30 men. They were then invited to offer themselves for the Steering Committee.



At a side meeting, the Steering Committee was formed:

1. Peter Polain Chairman
2. Tony Strickland Secretary
3. Barry Tibbits Treasurer
4. Howard Croxon
5. Richard Curry
6. Ross Daniel
7. Jeff Fogarty
8. Tony Hume
9. Phil Watt

The proposed Karrinyup Community Mens Shed steering committee's first motion was to purchase a "Shed in a Box" kit from WAMSA, cost \$55, guiding the Steering Committee in establishing and operating the Karrinyup Community Mens Shed.

The Chairman Peter canvassed opinion on suitable times for Steering Committee meetings and the first meeting will be held on Monday or Tuesday evening in the coming weeks.

